

CHARLES PAGE

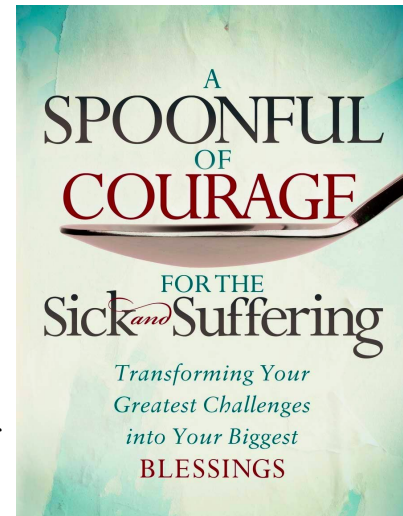
AUTHOR, MD, NATIONAL SPEAKER



“Difficulty visits us all. But Dr. Charles Page gives us a dose of true hope in *A Spoonful of Courage*. Combining medical expertise, common-sense tips, motivational quotes, inspirational stories, with a heaping amount of healthy humor, Dr. Page provides exactly what we need to get through life with our hearts and smiles intact.”

—Anita Agers Brooks

Business/Life Coach and Award-Winning Author of *Getting Through What You Can't Get Over*



Sometimes, the smallest word of encouragement can shift our focus and reorder our thinking. Can the problem actually become our answer?

Dr. Charles Page, known as “the best guy to know on the worst day of your life,” is a surgeon, national speaker, and author of *A Spoonful of Courage*. He encourages, inspires, and teaches audiences how to truly thrive in the face of painful circumstances. For those who’ve taken up the banner of caregiving, whether professionally or voluntarily, Chuck offers insights and practical ideas that assist helpers and healers.

Trained at Baylor College of Medicine, Dr. Page has seen and heard real life-changing stories—those that touch hearts, motivate minds, and transform spirits. A little humor doesn’t hurt either!

Chuck’s Most Popular Speaking Topics

- Refocus, Re-Energize, Reboot: 5 Essential Tools to Restart the Christian's Life's Engine
- How to Infuse Yourself with God’s Best Medicine: Restoring the Joy You’re Missing
- 3 Ways Christians Can Get Up, Get Going and Get Better
- 5 Things Doctors Never Tell You About Navigating the Healthcare System
- 7 Ways to Stimulate Deeper Healing in the Sick and Suffering—for the Professional and Volunteer

cwpagemd@yahoo.com

936.568.9600

“I’m the guy you never hope to see but you’re glad to have met when faced with an illness.

My broad experiences have given me the opportunity to observe how people respond in their tragedies. I’ve listened and learned from them. *A Spoonful of Courage* compiles some of the amazing life lessons I have received.” —Dr. Charles Page